



LICENSED  
COURT  
ORDERED  
COURSE  
PROVIDERS

American Integrity Courses, LLC  
Court Course Acceptance Letter  
Telephone: 936-333-0087  
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### LIST OF COURT ORDERED COURSES:

Anger Management / Bullying / Decision Making / Drug & Alcohol Substance Abuse / Drug Offender Education / Alcohol Awareness (DWI/DUI/OWI) / DWI 2<sup>ND</sup> Offender / Tobacco / Theft Prevention / Shoplifting / Impulse Control / Parenting / Divorce / Co-Parenting / Domestic Violence / Batterer Intervention / DV/BIP for Victims / Minor in Possession / Deferred Entry Judgment / Curfew Violation / Truancy / Criminal Behavior Modification / Petit Larceny / Check Theft / HIV/AIDS / DUI and BIP/DV Victims Impact Panels / Animal Abuse / Texting & Driving / Elderly Abuse / Life Skills /

### TO THE HONORABLE PRESIDING JUDGE:

May this letter serve to verify that American Integrity Courses' are nationally recognized by *State & Local* Family Courts as providers of professional self-development programs. Programs are developed by the in-house health psychologist who has a master's degree in psychology and an advanced degree certificate in health psychology for certified health and wellness coaching and education. Program techniques include: motivational interviewing, appreciative inquiry, positive reinforcement testing, praising (self-efficacy development) and the stages of change philosophy. Medical education and information is provided by the in-house registered nurse, 2016 MSN candidate.

All program information is based on scientific information and strictly adheres to official guidelines provided by the American Psychological Association, the US Department of Health & Human Services, the Substance Abuse & Mental Health Services Administration, the US Department of Transportation, the U.S. Department of Motor Vehicles and current Presidential Policy/White House Directives.

Enrollment forms, progress reports and completion documents follow established guidelines by U.S. court systems and can be obtained by court officials upon request. Students receive a proof of enrollment, progress reports, a workbook, a certificate of completion and a completion report.

The goal of our programs is to motivate positive behavior change through the practice of self-awareness and the development of self-control over thoughts and actions resulting in enhanced self-efficacy (self-empowerment) and increased self-esteem. Our programs are designed to motivate behavior change through appreciative inquiry, motivational interviewing, positive reinforcement and praising. Final exam questioning is designed to reinforce behavior change by activating cognitive dissonance resulting in increased self-awareness of current behaviors and actions in relation to correct behaviors and actions that serve health and well-being.

### THE FORMAT OF THIS PROGRAM FOLLOWS THESE GUIDELINES:

**Program Reading Material-** Programs contain visually captioned online and workbook reading material.

**Workbook** self-awareness assessments, self- reports and course activities help the student apply course concepts to life experiences.

**Progress reports** for each section detail the section outline and the time spent on the section (completion hours) to monitor progress.

**External Resources-** Students are encouraged to email our in-staff health psychologist or our in-house registered nurse with questions or comments regarding any course health & wellness material.

**Practical Application-** Positive reinforcement techniques create awareness of health and wellness promoting behaviors in order to build the groundwork for attitude change and self-initiated behavior modification.

**Final exam questions** must be answered correctly after each section in order for the student to proceed through the course and receive a certificate of completion and completion report. Correct answers validate and reinforce correct behaviors and are accompanied by positive reinforcement praising and informational feedback.

Respectfully,

*Valerie Joglar, M.A.*

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Licensed Chemical Dependency Counselor Intern  
Health Psychologist Certified Health & Wellness Educator

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