



American Integrity Courses, LLC
Acceptance Verification Letter
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LIST OF COURT ORDERED CLASSES:

Anger Management / Anger Management for Bullying / Juvi Decision Making / Adult Decision Making / Drug & Alcohol Awareness / Parenting / Divorce / Battery Intervention / Domestic Violence / Anti-Theft Shop/Shoplifting Awareness / Criminal Behavior Modification / Tobacco Awareness / Sexual Harassment

TO THE HONORABLE PRESIDING JUDGE:

May this letter serve to verify that American Integrity Courses' court ordered classes are nationally recognized by *State & Local* Family Courts as professional self-improvement and self-development programs. Our courses are developed by our in-house health psychologist who has a master's degree in psychology with an advanced degree certificate in health psychology. Her specialization is health and wellness education which is based on motivational interviewing, appreciative inquiry, positive reinforcement testing, praising and self-esteem development and the stages of change philosophy.

All course information strictly adheres to guidelines provided by the American Psychological Association, the US Department of Health & Human Services, the Substance Abuse & Mental Health Services Administration and the National Coalition against Domestic Violence. The goal of our courses is to motivate change through the practice of self-awareness and the development of self-control over thoughts and actions resulting in increased self-esteem and self-efficacy.

Enrollment forms, progress reports and completion documents follow the established guidelines by U.S. court systems. For the benefit of our clients, proof of enrollment, progress reports, achievement certificates and completion status can be obtained by calling or emailing our company directly.

THE FORMAT OF OUR COURSES FOLLOW THESE GUIDELINES:

Lesson Reading Material- The course contains visual captioned reading material. To monitor attendance and progress, a comprehensive workbook is provided for students to print, fill in and submit through email.

Workbook, Self-Awareness Assessments and Activities- Workbooks contain positive reinforcement questions, self-report assessments and self-development activities to create awareness of current behaviors and actions in order to build the groundwork for attitude change and self-initiated behavior modification.

Course Activities and Role Play Exercises- Course relevant activities and role play exercises help the student relate to the information on a personal level applying course concepts to personal experiences.

External Resources- Students are encouraged to email our in-staff health psychologist or our in-house registered nurse with questions or comments regarding any course material.

Final Assignments- All courses contain final assignment goals designed to summarize key points and encourage and motivate long term attitude change and behavior modification.

Final Exam- Final exam questions must be answered correctly after each section in order for the student to proceed through the course. When questions are answered correctly, students are praised. Questions are designed to reinforce and encourage behavior change, ensure comprehension and drive home key points.

Respectfully,

Valerie Joglar, M.A.

Program Developer: Valerie Joglar, M.A./Health Psychologist, Health & Wellness Educator

Giselle Bryant

Program Director: Giselle Bryant, BSN, RN, Health & Wellness Educator